



# **Nursing Research Collaborative of the Lehigh Valley**

Second Annual Symposium

## **Nursing in a Changing World**

Sponsored by

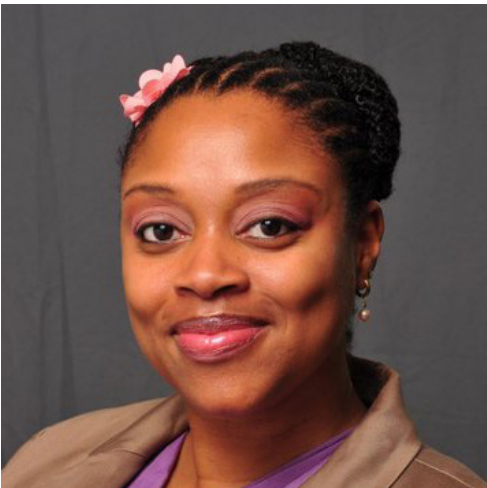


April 11, 2019 | Moravian College

# Welcome to Moravian College!

On behalf of the 2019 Symposium Planning Committee of the Nursing Research Collaborative of the Lehigh Valley (NRCLV) thank you for joining us at today's symposium. The NRCLV was forged as an alliance of the nursing departments of Cedar Crest College, DeSales University, and Moravian College. The NRCLV is supported by the Lehigh Valley Association of Independent Colleges and Universities (LVAIC), a local non-profit consortium whose members include DeSales University, Lehigh University, Cedar Crest College, Lafayette College, Moravian College, and Muhlenberg College. The mission of the NRCLV is to “...*create and sustain a local nursing culture that encourages and supports the spirit of scientific inquiry, nursing research, and the application of evidence-based nursing practice through mutually shared efforts and goals.*”

Mindful of this mission, the theme for this year's NRCLV Symposium is **Nursing in a Changing World**. Students who represent baccalaureate, master's, and doctoral levels of nursing education from each of the three NRCLV schools will be proudly showcasing their scholarship through presentations and posters. The keynote address will be delivered by the internationally-renowned and lauded nurse-scholar, Dr. Bridgette M. Brawner.



Dr. Bridgette M. Brawner is an Associate Professor of Nursing and Senior Fellow in the Center for Public Health Initiatives at the University of Pennsylvania. She is passionate about eliminating health disparities, and works toward health equity promotion in disenfranchised communities. She is a staunch social justice advocate who believes that research can be leveraged as an advocacy tool to ensure all individuals have an opportunity to achieve their full health potential. She recently completed a \$1 million CDC-funded research study to develop a program that helps black youth cope with their emotions and reduce their risk for HIV and other sexually transmitted infections. Her work has been featured through national and international media outlets, and she has received numerous honors and awards. Dr. Brawner's greatest joys, however, come from her research, teaching, mentorship and service. Her personal motto is “*changing the world, one community at a time.*”

It is our distinct pleasure to welcome Dr. Brawner and our NRCLV nurse-scholar faculty and student colleagues to the campus of Moravian College! We would be remiss if we did not thank our colleagues on the NRCLV Symposium Planning Committee, the staff and administrators from LVAIC, and our many generous program sponsors and Expo exhibitors, all of whom have generously supported the vision for today's Symposium, of advancing **Nursing in a Changing World** as advancing health for all!



# Symposium Agenda

7:00 – 8:15 A.M.

**Registration – Prosser Auditorium, Hauptert Union Building (HUB)**

Continental Breakfast – Air Products Room, HUB

**Yoga – UBC and Snyder Rooms, HUB**

*Kristin Baxter, EdD*

Art Department, Associate Professor

Registered Yoga Teacher (RYT-200)-National Yoga Alliance

Trauma-informed yoga teaching practices-Kripalu Center in Stockbridge, MA & Shanti Project, Easton, PA

*Sabrina Terrizzi, PhD*

Economics & Business Department, Associate Professor

Registered Yoga Teacher (RYT-200)-National Yoga Alliance

8:15 – 8:30 A.M.

**Welcome and Introductory Remarks - Prosser Auditorium, HUB**

*Dr. Bryon Grigsby '90*, President, Moravian College

*Dr. Kerry Cheever*, Chairperson, Moravian Nursing and Public Health

8:30 – 10:00 A.M.

**Opening Keynote Presentation – Prosser Auditorium, HUB**

*Bridgette M. Brawner, PhD, MDiv, APRN*, Associate Professor of Nursing, Department of Family and Community Health, University of Pennsylvania School of Nursing

10:00 – 10:20 A.M.

**Break**

10:30 – 11:30 A.M.

**Showcase I – Prosser Auditorium, HUB**

*Impact of Simulated Venipuncture Education for Senior Level Nursing Students*

Cathy Griffin BSN, RN, Nurse Educator MSN Student, Moravian College

*High Utilizer Care Plan Project: A Clinician and Information Technology Collaborative*

Rena Hummel, MSN, RN, Clinical Nurse Leader MSN Program Graduate, Moravian College

*Distraction Techniques to Reduce Pediatric Pain during Venipuncture*

Kristina Litonjua, SN, Cedar Crest College

*The Effect of a Health Literacy Education Program on Nurses' Knowledge.*

Ann Marie Loiseau, DNP, MS, RN, CSN, CCM; Assistant Professor, DeSales University

**OR**



# Symposium Agenda Cont.

## Showcase II – Sally Breidegam Miksiewicz Center for Health Sciences, Rooms 113-121

### *ABCDEF Bundle Reduces Mortality in the ICU*

Kristin Ramella, BSN, RN, Adult Gerontology Acute Care Nurse Practitioner MSN Student, Moravian College

### *Palliative Care and the Importance of Early Referral on Quality of Life with Patients with Cancer*

Carol A. Trapp, BSN, RN, Adult Gerontology Primary Care Nurse Practitioner MSN Student, Moravian College

### *Low Air Loss Mattresses to Decrease Pressure Ulcers*

Shelby Szoke, SN, Cedar Crest College

### *Does Earlier Cannulation with Veno-Venous Extracorporeal Membrane Oxygenation (VV-ECMO) in Adult Patients with Acute Respiratory Distress Syndrome (ARDS) Decrease Duration on Artificial Mechanical Ventilation?*

Christine Hartner, MSN, RN, DeSales University

**OR**

## **EXPO and Poster Fair – Sally Breidegam Miksiewicz Center for Health Sciences, Floors 1, 2, and 3**

- 11:30 A.M.– 12:30 P.M.      **Lunch – The Pavilion, HUB and Sally Breidegam Miksiewicz Center for Health Sciences, 3rd Floor**
- 12:30 – 1:30 P.M.        **Showcase I, Showcase II and EXPO/Poster Fair**  
See above
- 1:30 – 1:45 P.M.         **Snack Break – HUB and Sally Breidegam Miksiewicz Center for Health Sciences**
- 1:45 – 2:45 P.M.        **Showcase I, Showcase II and EXPO/Poster Fair**  
See above
- 2:45 – 3:30 P.M.        **Closing, Remarks, & Raffles – Prosser Auditorium, HUB**  
*Mary Elizabeth Doyle-Tadduni, PhD, MBA, RN, DeSales University*

\*Attendees will be assigned to attend Showcase I/Showcase II or the EXPO Fair during the designated time slots.



# Poster Presentations

## Cedar Crest College

*Hourly Patient Rounding*  
Maricely Mercado, SN\*

*The Effects of Patient-directed Music on Anxiety in Mechanically Ventilated Adult Patients*  
Serena Hatcher, SN\*

*The Effect of Peer Support on Stress in Neonatal Intensive Care Unit Parents*  
Alexandra Khan, SN\*

*Chlorhexadine Bathing in Patients in Intensive Care Settings*  
Jamie Byler, SN\*

*The Effects of a Plant-Based Diet on Glycemic Control*  
Julian Calazzo, SN\*

*Improving Behavioral Health Care in Emergency Departments*  
Fritzie Manrique, SN\*

*Access to Take Home Naloxone and the Effect on Mortality Rate During Opioid Overdose*  
Jennifer Moran, SN\*

*The Effects of Nurse Residency on Retention Rates or Professional Satisfaction*  
Samantha Park, SN\*

*Insulin Pump vs. Multiple Daily Injections in Pediatric Clients*  
Jeanine M. Diaz, SN\*

*A Comparison of the Evidence on Ultrasound-Guided Peripheral Intravenous Access and Their Success Rates*  
Lisa Bauer, RN\*\*

\*These authors are now graduates of Cedar Crest College School of Nursing.

\*\*Currently in the RN to BSN program at Cedar Crest College School of Nursing.

## DeSales University

*The Impact of a Focused Factory on Intraoperative Cost Per Case in Elective Total Knee Replacement Surgery*

Hope Johnson, DNP, RN, CNOR, NEA-BC

*Factors Related To Associate Degree and Diploma Registered Nurses Obtaining Their Bachelor of Science in Nursing Degree*  
Courtney Vose DNP, MBA, RN, APRN, NEA-BC

*How does use of a rectal acetaminophen/ intravenous (IV) opioid combination compare to IV opioid alone in improved comfort levels and decreased overall opioid use in full-term infants post open heart repair?*

Jacqueline M. Ochsenreither, DNP, CRNP, PPCNP-BC

*Factors That May Contribute to Unnecessary Hospital Readmissions of Elderly Patients Within 30 Days of Discharge from a Skilled Rehabilitation Facility (SRFI)?*  
Tracey Shivok-Jefferson, DNP, MSN, FNP-C

*Integrated Care of the Diabetic-Oncology Patient*  
Janelle Sharma, DNP, CRNP

*A Descriptive Study of Registered Nurses' Knowledge of Hearing Impairment and Communication Strategies When Caring for a Hearing Impaired Patient*  
Amy L. Ruesch, DNP, CRNP, ANP-BC

*Measuring the Time From Homebound Patients' Last Office Visit to Their First Home Visit by Their Primary Care Provider*  
Shannon Dee Revit, DNP, FNP-BC, RN

*Impact of Nurse Documentation Location on Charting Time*

Janice Wilson, DNP, RN, CPHIMS

## Moravian College

*Moravian College Senior Center Partnership*  
Jennifer Buhler, Tyler Cyriax, Lian Grow, & Julia Lepore, Bachelor of Science in Nursing Senior Students

*Kindergarten Nutrition Mission*  
Gianna Koehler, Shannon Koehler, Maria Morello, & Kayla Werner, Bachelor of Science in Nursing Senior Students

*A New Beginning for Homeless Men*  
Jacqueline D'Auria & Jonathan Miller, Bachelor of Science in Nursing Senior Students

*Valley Youth House*  
Sarah Harshaw & Carley Sheet, Bachelor of Science in Nursing Senior Students

*Community Outreach at the Bethlehem Health Bureau*  
Loren Miller & Michaela Harding, Bachelor of Science in Nursing Senior Students

*The Impact of Faith Community Nursing in Allentown*  
Casidhe Holoboski, Michaela Ohl, Marne Wigfield, & Andi Wilkinson, Bachelor of Science in Nursing Senior Students

*The Influence of Nurse-Nurse Practitioner Rounds on Nursing Satisfaction*  
Kate Check BSN, RN, Adult Gerontology Acute Care Nurse Practitioner MSN Student

*Nurse Leader Wellness*  
Brenda Delibero MSN, RN Nurse Administrator MSN Program Graduate

*Decreasing the Admission Rate for Adolescents with Behavioral Disturbances with the Use of Telemedicine*  
Lori A. Knotek, BSN, RN Adult Gerontology Primary Care Nurse Practitioner MSN Student

*Leadership Development.*  
Kristen Maggipinto, MSN, RN Nurse Administrator MSN Program Graduate

The NRCLV thanks the following organizations for their support of this symposium.

## Presenting Sponsors

ATI Nursing Education  
Kaplan Nursing  
Lehigh Valley Health Network  
St. Luke's University Health Network

## Breakfast Sponsors

Sigma

## Symposium Bag Sponsor

Pocket Nurse

## Lunch Sponsors

Allegiance Nursing, Inc.  
Kaplan Nursing  
Wolters-Kluwer

## Break Sponsors

Partners in Nursing

## Exhibitors

Elsevier  
Gumard  
Gracedale Nursing Home  
Moravian College Dining Services  
MP Outfitters

*Many thanks to the "FRIENDS OF NRCLV" for their generous contributions.*

**The NRCLV Symposium** is a forum where nursing students, faculty, staff, and professional nurses in the local community can build relationships and establish a meaningful context for the exchange of nursing knowledge. The symposium serves as a venue where scholarly work that informs nursing practice, education, research, and outcomes for individual patients and the community at large. With this premise, the NRCLV Symposium will aim to cultivate and sustain a local nursing culture that promotes scholarship and intellectual exchange among participants about research and application of evidence-based nursing practice.

## Symposium Objectives

1. Discuss the importance of evidence-based practice and nursing research in improving healthcare quality and patient outcomes.
2. Explore nursing issues and innovative solutions that promote health in diverse populations and communities.
3. Engage in professional networking with nurse colleagues across the region to promote best practices for collaboration and scholarship.

---

## 2019 Symposium Planning Committee

**Charlene Bergstresser, Program Director**  
Lehigh Valley Association of Independent Colleges

**Tricia Bernecker, PhD, RN**  
DeSales University

**Joyce Brill, PhD, RN**  
Moravian College

**Kerry Cheever, PhD, RN**  
Moravian College

**Natalie Cyphers, PhD, RN**  
DeSales University

**Mary Elizabeth Doyle-Tadduni, PhD, MBA, RN**  
DeSales University

**Dawn Goodolf, PhD, RN**  
Moravian College

**Karen D. Groller, PhD, RN-BC, CMSRN**  
Moravian College

**Amy Metteer-Storer, RN, MSN**  
Cedar Crest College

**Mae Ann Pasquale, PhD, RN**  
Cedar Crest College

**Wendy J. Robb, PhD, RN, CNE**  
Cedar Crest College

**Dana Yurgosky, PMP**  
Marketing & Communications Manager  
Lehigh Valley Association of Independent Colleges

## Social Media

We are social! Share your experience at the second Annual NRCLV Symposium with your friends and colleagues. Like our Facebook page and tag NRCLV on any symposium photos that you upload. **Don't forget to use this year's hashtag: #NRCLV2019**



Nursing Research Collaborative of the Lehigh Valley

# Thank you to the following organizations for their support of this symposium.



---

## Save the Date!

Nursing Research Collaborative of the Lehigh Valley Third Annual Symposium | April 2, 2020  
*DeSales University, Center Valley, PA*

